**Food**

* Basic cereal: Wheat, oats, rye, and barley
* Honey was used to sweeten
* Beans, peas
* Meat: Pigs, Cattle, Sheep
* Farm work animals: horses and oxen
* Did not have advanced farming technology
* Sharecropping: Churls (lowest rank of free man) divided up the land equally

**Social Lives**

* Traveling: common and they used the Roman roads for main trade routes
* Travel was risky off of the Roman roads
* People were required to make noise to identify themselves as not strangers and avoid being killed
* Work and leisure: played board games
* Music
* Economy was agricultural based
* Gender-specific occupations
* Social classes participated in similar activities

**Organization**

* Separated into 7 kingdoms each with its own king who fought with each other: always one was the “most” powerful
* 4 social classes:

King

Thanes land separated into shires

Churls worked the land

Slaves

**Religion**

* Based on material things (harvest, etc.)
* If the land was dry they would pray to a particular god (many gods)
* Female slaves were sacrificed when their male owners died
* Gods: Tiw, Wudin, Thor, Friya (these inspired the days of the week)

**Weapons**

* Spears. Two-types: long and short; thrusting and winged
* Knives: 4 – 20 in. blades with a single edge
* 2 types Axes: bearded axe had 2 handles; throwing axe
* Swords were not common
* Shields: round made of wood

**Women**

* Role: mother, wife, care-giver, and teacher
* Married whoever they wanted
* Husband would give gifts when they got married (land, animals, etc.)
* Men had to ask the girl’s father for permission to get married
* Marriage contract
* Peace-weaver: a woman would marry a man from a different tribe to ensure peace
* Divorce: women could keep the land and kids

**Death/Funerals**

* Graves were disturbed by robbers before scientists ever discovered them
* Risky to rob graves; skeletons were valuable
* Bodies were cremated
* Burrows are an ancient form of burial; built to honor dead heroes
* The more important the hero, the bigger the burrow